

# PHSD 144 – March 9-13 Menu

March 2020	MONDAY  March 9	TUESDAY  March 10	WEDNESDAY  March 11	THURSDAY  March 12	FRIDAY  March 13
<b><u>Breakfast Entree</u></b>	Egg/Turkey Bacon Pizza	Breakfast Round	Cereal Bars	Cheesy Grits	Egg Patty
		Sausage Link	Fruit Snacks/Cheese Stick	Turkey Bacon	Biscuit
<b><i>GRAB &amp; GO Option Alternate Bagged breakfast, student will also select a fruit/juice and/or milk</i></b>	Cold Breakfast Cereal & Mozzarella Cheese Stick	Bagel w/Cream Cheese	Express Breakfast	Fruit Muffin w/Yogurt Cup	Pop Tarts w/Colby/Jack Cheese Stick
Milk	White Chocolate	White Chocolate	White Chocolate	White Chocolate	White Chocolate
Daily	Cupped Fruit or Juice	Cupped Fruit or Juice	Cupped Fruit or Juice	Cupped Fruit or Juice	Cupped Fruit or Juice
<b><u>Lunch Entrée</u></b>	Red Beans with Turkey Ham	Turkey Pepperoni Hot Pocket	Spicy Chicken Sandwich	Beef Chili	Cheese Quesadilla
Starch	Brown Rice	Vegetarian Beans	French Fries	Wheat Pasta	Spanish Rice
Vegetable	Red Beans	Garden Salad/Dressing	Broccoli	Chili Beans	Peas and Carrots
Bread	Cornbread	Whole Grain Crust	Hamburger Bun	Wheat Crackers	Tortilla
Milk	White Chocolate Strawberry	White Chocolate Strawberry	White Chocolate Strawberry	White Chocolate Strawberry	White Chocolate Strawberry
Daily Fresh Vegetable Option	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Afternoon Snack	Baked Cheetos	Graham Crackers	Chocolate Caramel Snack	Garden Variety Sun Chips	<u>No</u>
Beverage	Grape Juice	Strawberry Milk	Apple Juice	Orange Juice	<u>Snacks</u>